

"A STUDY ABOUT CHILDREN'S NUTRITION BEHAVIOUR AND NUTRITIONAL KNOWLEDGE AMONG MOTHER 6 TO 13 YEARS OF AGE IN AHMEDABAD DISTRICT."

Dissertation for the Degree of Master of Science

Foods and Nutrition

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Abstract: This study found out that majority of children's 30% of the children answered six or more of the questions indicating healthy eating behaviour. Of the remaining 43% or 47% of the children selected only two or three of the healthy choices. The results indicate a slight improvement over behaviour in that 47% of the children chose six or more of the healthy options. Approximately 53% of the children answered three or less of the questions correctly, indicating that this group of children did not necessarily want to eat healthier foods.

Keywords: Nutritional knowledge, Nutritional behaviour, attitude.